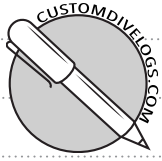


Dive # _____ Date _____
Location & Dive Shop _____
Dive Site _____



Start _____ Air IN _____ Max Depth _____
Finish _____ Air OUT _____ Average Depth _____
Total Time _____ Hours to Date _____

EQUIPMENT

- ☐ Weights _____
- ☐ Wet Suit _____
- ☐ Dry Suit _____
- ☐ Nitrox _____
- ☐ Side Mount _____
- ☐ Rebreather _____
- ☐ Camera _____
- ☐ Spear _____
- ☐ Debris Bag _____

TYPE & PURPOSE

- ☐ Boat _____
- ☐ Beach Entry _____
- ☐ Wreck _____
- ☐ Drift _____
- ☐ Cave _____
- ☐ Course _____
- ☐ Photography _____
- ☐ Invasive Species, or _____
- ☐ Debris Removal _____

CONDITIONS

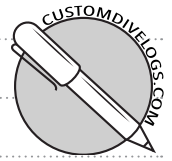
- ☐ Clear Skies _____
- ☐ Cloudy Skies _____
- ☐ Night _____
- ☐ Rain _____
- ☐ Swells _____
- ☐ Surge _____
- ☐ Current _____
- Visibility _____
- Water Temp _____

Observations / Remarks _____

Dive Buddy & Guide _____ Stamp _____

Verification Certification # & Signature _____

Dive # _____ Date _____
Location & Dive Shop _____
Dive Site _____



Start _____ Air IN _____ Max Depth _____
Finish _____ Air OUT _____ Average Depth _____
Total Time _____ Hours to Date _____

EQUIPMENT

- ☐ Weights _____
- ☐ Wet Suit _____
- ☐ Dry Suit _____
- ☐ Nitrox _____
- ☐ Side Mount _____
- ☐ Rebreather _____
- ☐ Camera _____
- ☐ Spear _____
- ☐ Debris Bag _____

TYPE & PURPOSE

- ☐ Boat _____
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- ☐ Wreck _____
- ☐ Drift _____
- ☐ Cave _____
- ☐ Course _____
- ☐ Photography _____
- ☐ Invasive Species, or _____
- ☐ Debris Removal _____

CONDITIONS

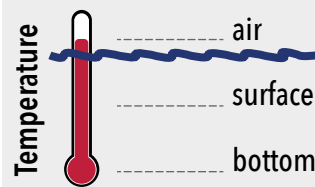
- ☐ Clear Skies _____
- ☐ Cloudy Skies _____
- ☐ Night _____
- ☐ Rain _____
- ☐ Swells _____
- ☐ Surge _____
- ☐ Current _____
- Visibility _____
- Water Temp _____

Observations / Remarks _____

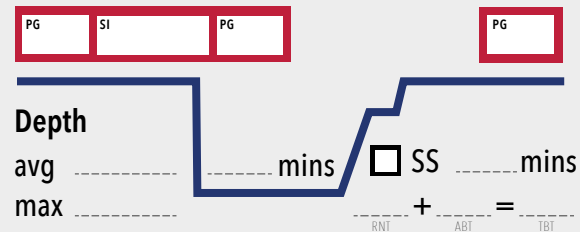
Dive Buddy & Guide _____ Stamp _____

Verification Certification # & Signature _____

Dive # _____ Date _____
Location _____



Visibility _____ ft



☐ fresh ☐ shore ☐ deep ☐
☐ salt ☐ boat ☐ night ☐

Activities ☐ reef ☐ UW photo
☐ recreation ☐ cave ☐ UW navig
☐ search & recov ☐ wreck ☐

Air
 start _____ psi
end _____ psi
☐ air
☐ nitrox _____ %

Weight
 _____ lbs
☐ ✓ ☐ + ☐ -

Exposure Protection
☐ full _____ mm
☐ shorty _____ mm
☐ boots _____ mm
☐ hood _____ mm
☐ gloves _____ mm

Equipment

☐ camera _____
☐ computer _____
☐ light _____
☐



Bottom Time

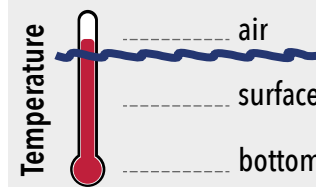


dive _____
lifetime _____

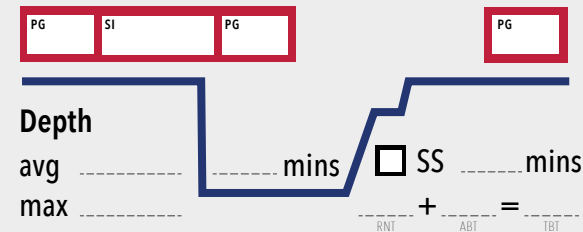
dive count this trip

☐ instructor ☐ divemaster ☐ buddy
certification # _____

Dive # _____ Date _____
Location _____



Visibility _____ ft



☐ fresh ☐ shore ☐ deep ☐
☐ salt ☐ boat ☐ night ☐

Activities ☐ reef ☐ UW photo
☐ recreation ☐ cave ☐ UW navig
☐ search & recov ☐ wreck ☐

Air
 start _____ psi
end _____ psi
☐ air
☐ nitrox _____ %

Weight
 _____ lbs
☐ ✓ ☐ + ☐ -

Exposure Protection

☐ full _____ mm
☐ shorty _____ mm
☐ boots _____ mm
☐ hood _____ mm
☐ gloves _____ mm

Equipment

☐ camera _____
☐ computer _____
☐ light _____
☐



Bottom Time



dive _____
lifetime _____

dive count this trip

☐ instructor ☐ divemaster ☐ buddy
certification # _____

[illegible][illegible]

METRIC TO IMPERIAL CONVERSION TABLES

Included conversion tables are Celsius to Fahrenheit, meters to feet and feet to meters, and bar to psi and psi to bar. The latter two are included as bi-directional to assist you wherever you are in the world to get to the closest number.

°C	°F
0	32
1	34
2	36
3	38
4	40
5	41
6	43
7	45
8	47
9	49
10	50
11	52
12	54
13	56
14	58
15	59
16	61
17	63
18	65
19	67
20	68

°C	°F
21	70
22	72
23	74
24	76
25	77
26	79
27	81
28	83
29	85
30	86
31	88
32	90
33	92
34	94
35	95
36	97
37	99
38	101
39	103
40	104
41	105

M	Ft
1	3.281
2	7
3	10
4	13
5	16
6	20
7	23
8	26
10	33
15	49
20	66
25	82
30	98
35	115
40	131
45	148
50	164
55	180
60	197
65	213
70	230

M	Ft
0.3048	1
1	3
3	10
5	15
6	20
8	25
9	30
11	35
12	40
14	45
15	50
18	60
21	70
24	80
27	90
30	100
34	110
37	120
40	130
43	140
46	150

BAR	PSI
10	145
20	290
30	435
40	580
50	725
60	870
70	1015
80	1160
90	1305
100	1450
110	1595
120	1740
130	1885
140	2031
150	2176
160	2321
180	2611
200	2901
220	3191
240	3481
260	3771
280	4061
300	4351
320	4641

BAR	PSI
340	4931
7	100
14	200
21	300
28	400
34	500
41	600
48	700
55	800
62	900
69	1000
83	1200
90	1300
97	1400
110	1600
124	1800
138	2000
152	2200
165	2400
179	2600
193	2800
207	3000
241	3500
276	4000

$$^{\circ}\text{C} = (^{\circ}\text{F} - 32) \times 5/9$$

$$^{\circ}\text{F} = (^{\circ}\text{C} \times 9/5) + 32$$

ENRICHED AIR MAXIMUM AND CONTINGENCY DEPTH TABLE

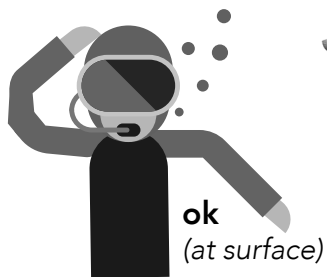
The maximum oxygen partial pressure limit for enriched air diving is 1.4 ata/bar.

Blend	Maximum Depth (1.4)	Contingency Depth (1.6)
29%	38m/126ft	45m/149ft
30%	37m/121ft	43m/143ft
31%	35m/116ft	42m/137ft
32%	34m/111ft	40m/132ft
33%	32m/107ft	38m/127ft
34%	31m/103ft	37m/122ft
35%	30m/99ft	36m/118ft
36%	29m/95ft	34m/114ft
37%	28m/92ft	33m/110ft
38%	27m/89ft	32m/106ft
39%	26m/85ft	31m/102ft
40%	25m/83ft	30m/99ft





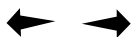
ok



ok
(at surface)



ear problem
(point to ear)



out of air

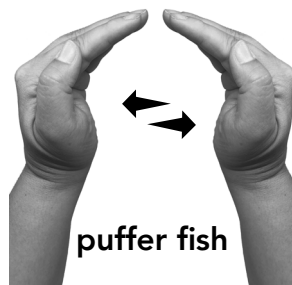
problem



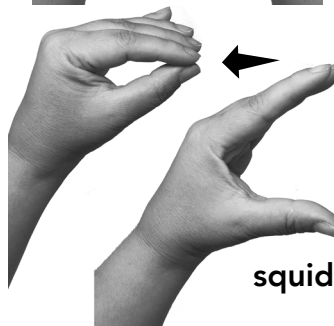
3 minute
safety
stop



turn around



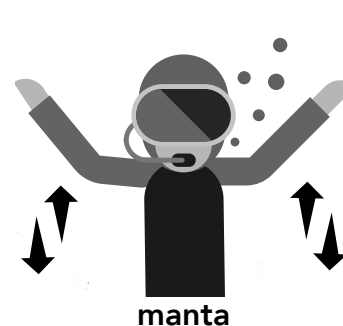
puffer fish



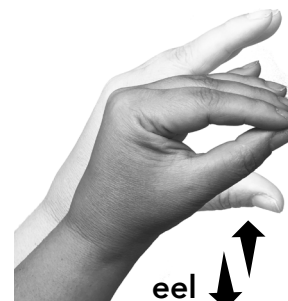
squid



ray



manta



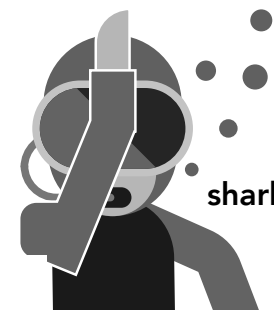
eel



lion fish



turtle



shark



ascend



How much
air?



descend



stop



200 bar



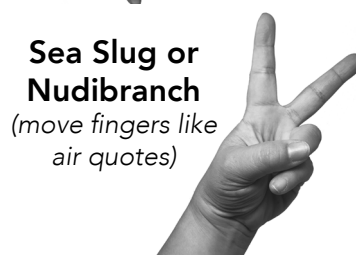
100 bar



swim



line/rope



Sea Slug or
Nudibranch
(move fingers like
air quotes)



boat



seahorse



express
enjoyment

Hand signals vary. During your dive briefing, confirm with your guide the hand signals they use or prefer, especially regarding air quantity and safety signals.